

SINGAPORE SPORT & PERFORMANCE CONFERENCE 2022

**From Youth to Elite Sport:
Harnessing Potential and the Pursuit of Excellence**

2nd - 4th November 2022

Organised by



SINGAPORE SPORT & PERFORMANCE CONFERENCE 2022

From Youth to Elite Sport: Harnessing Potential and the Pursuit of Excellence

Increasing Access and Promoting Talent Inclusivity for Children and Youth

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Background

Vision 2030 & Vision 2030R – Strategic Focus on Segment Programming with a Lifetime Continuum Approach

2014



2016



2019



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Sport Singapore Children and Youth Sport Framework

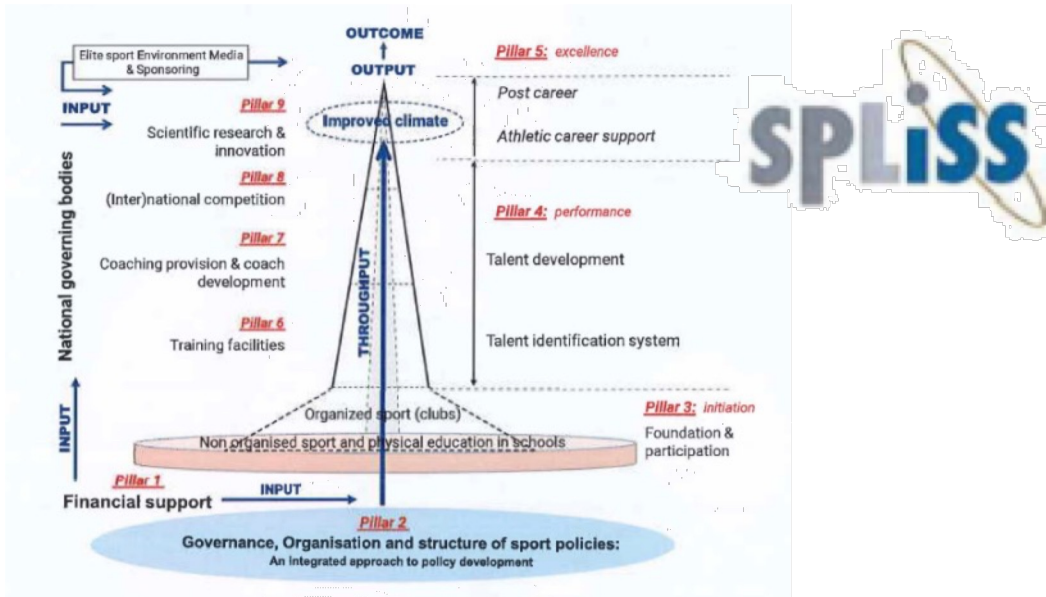
- A robust '**Home-School-Sport Ecosystem**' that synergistically supports the child's holistic development and life journey
- A robust "**National System**" to co-develop with MOE and other agencies, that have the capabilities & capacities to scale for the nation



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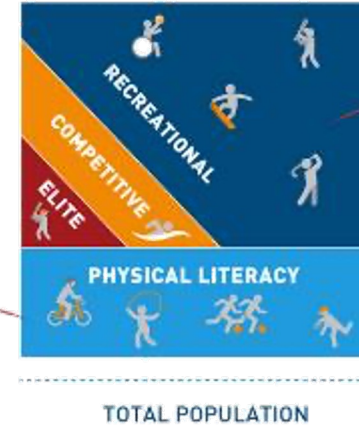
Reference Models that Give Opportunities to All Children & Youth in Singapore, through Sport



SPLISS 2.0 Model

SPORTS POLICY FOR INTI' SPORTING SUCCESS

THE ASPEN INSTITUTE
PROJECT PLAY



Up to age 12, focus on ability, confidence, and desire to be active.

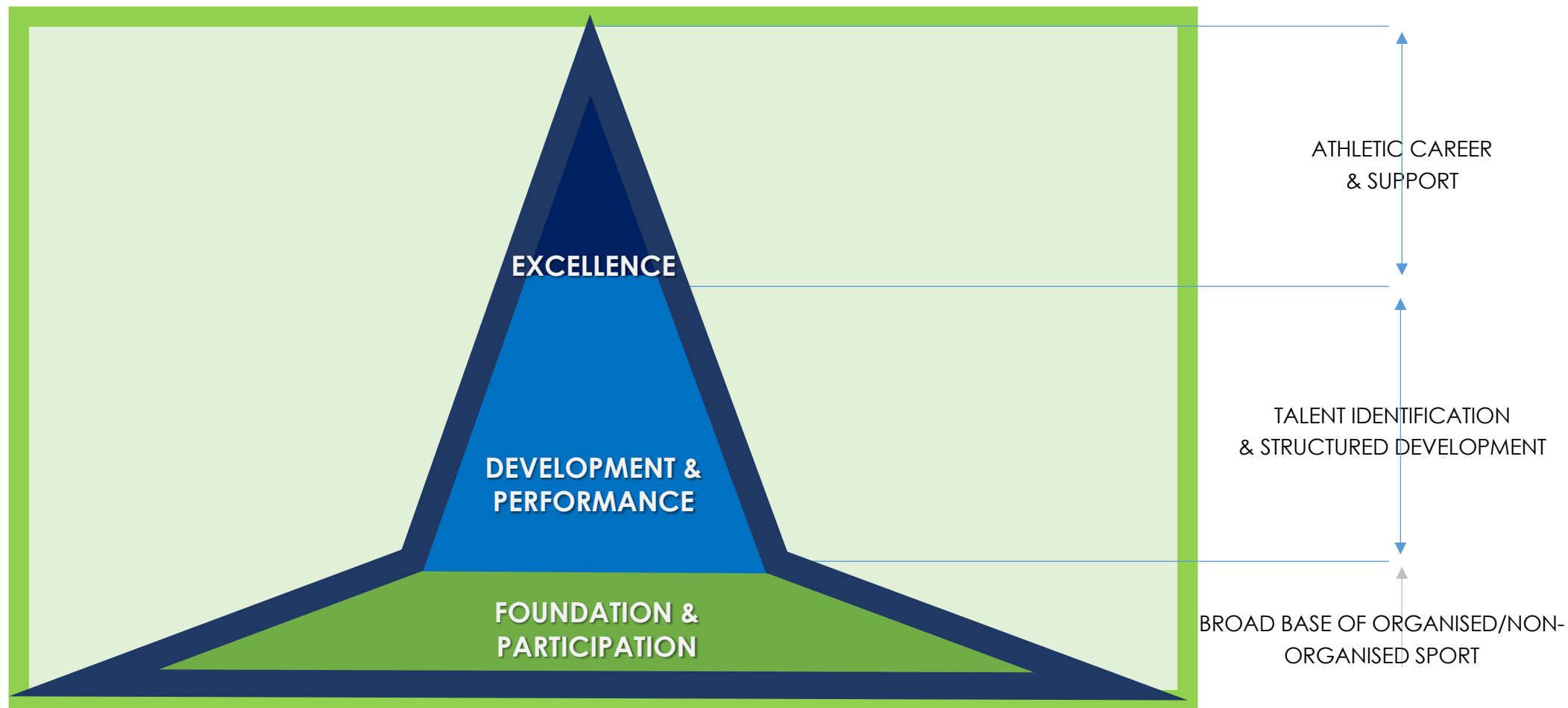
Project Play | A Sports for All, Play for Life Model

STRATEGIES TO GET & KEEP EVERY KID IN THE GAME —
BROAD ACCESS & SUSTAINED PARTICIPATION

Sport and Much More: Infusion of values-based learning into sporting experiences
Leverage **Game For Life (GFL) Model**



A Hybrid Model that Enables Opportunities for all Children & Youth, at all Levels



Lifetime Continuum Approach – for broad access & sustained participation



Spliss Model – for Pathway & Pipeline

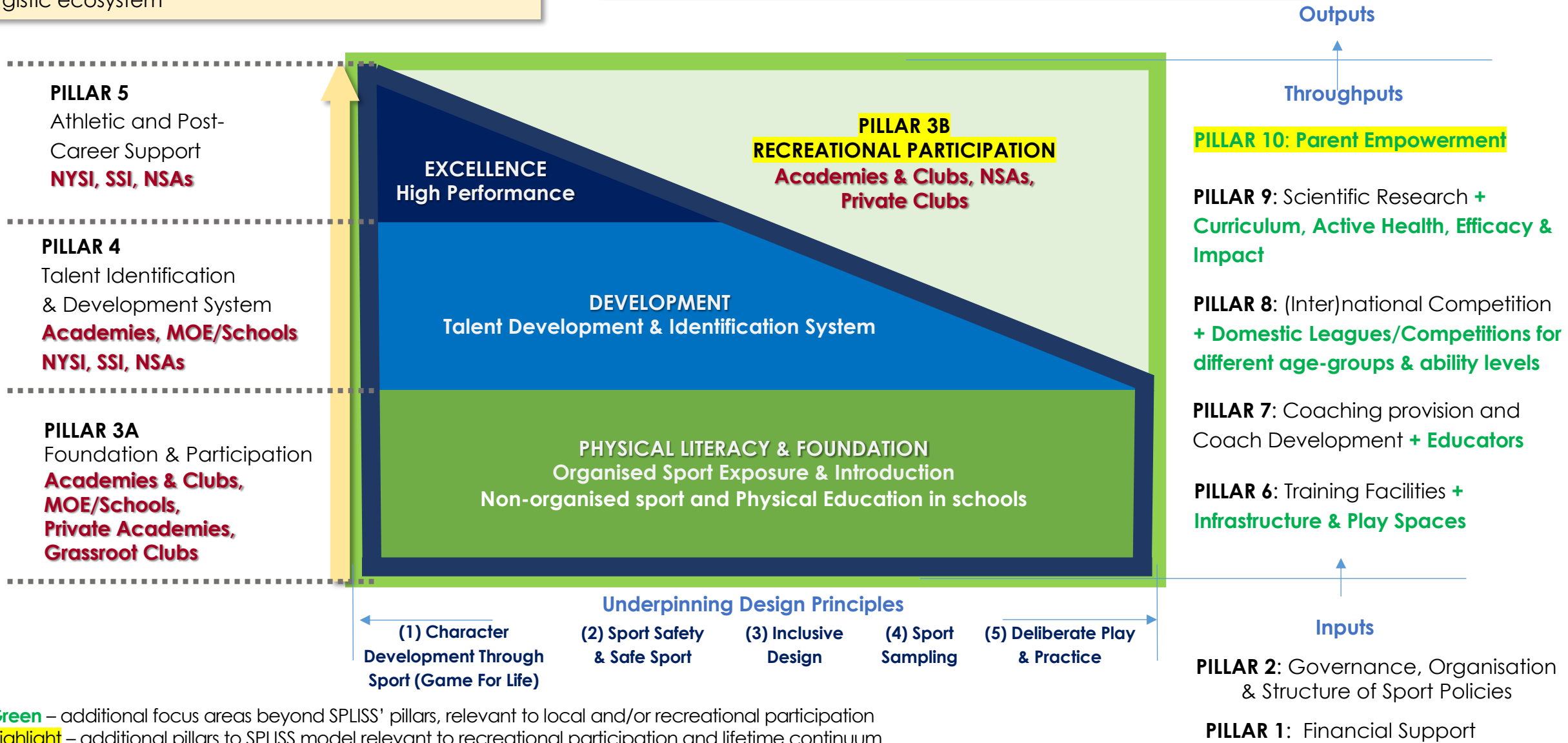
A Hybrid Model that Enables Opportunities for all Children & Youth (C&Y), at all Levels

Outcome for C&Y:

Every child has access, opportunities and pathways for participation, supported by a robust 'Home-School-Sport' synergistic ecosystem

Outputs for C&Y:

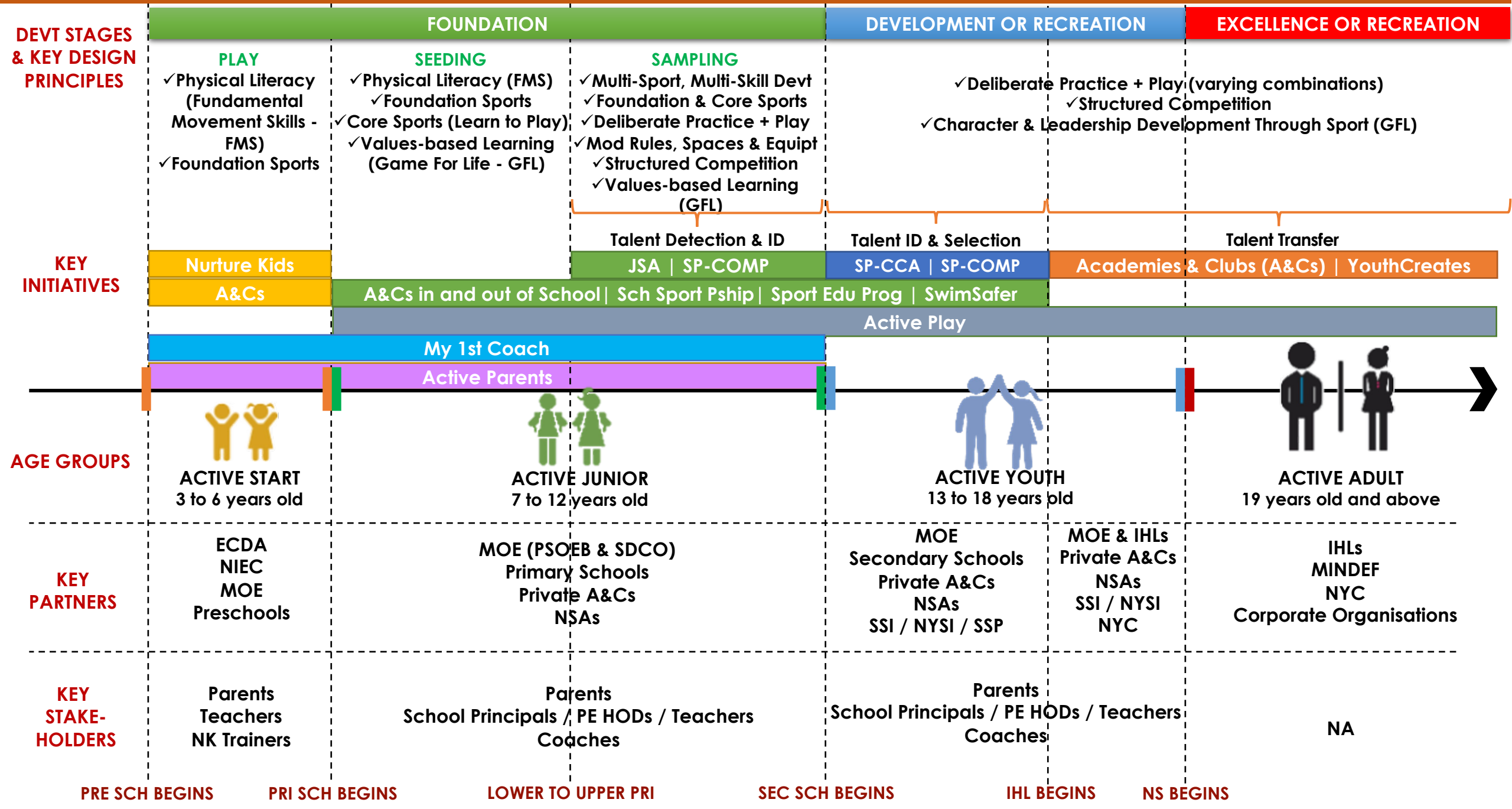
- 1) High Participation Rates of Children & Youth throughout years
- 2) Higher % of C&Y meets WHO recommended participation level



Green – additional focus areas beyond SPLISS' pillars, relevant to local and/or recreational participation

Highlight – additional pillars to SPLISS model relevant to recreational participation and lifetime continuum

Lifetime Continuum Approach – Design Principles, Initiatives, Partners & Stakeholders



Alignment with The Singapore Athlete Development Playbook



THE SINGAPORE ATHLETE DEVELOPMENT PLAYBOOK

OPTIMISING OUR NATION'S SPORTING POTENTIAL

WHY DO WE NEED A PLAYBOOK?

This playbook aims to cultivate a better environment for our athletes to grow and flourish. Three key 'winning plays' (Athlete Development Framework, Holistic Ecological Approach, and Youth Coaching Concepts) are introduced in this playbook to highlight guiding principles which impact the way in which we engage, the way in which we design our environment, and the pathway opportunities for our athletes. The central theme of this playbook is the athlete development plan revolving around the interaction of key groups of people communicating, collaborating, and supporting each other.

WHO IS THIS BOOK FOR?



Sport Coaches, Administrators and Teachers (NSAs, Sport Academies and Clubs)

The frameworks and guiding principles shared here are targeted to provide sports coaches, administrators and teachers with the tools necessary to strengthen the developmental pathways for their sport.



Parents

This playbook highlights some of the entry points that give your child opportunities to kickstart his or her athletic journey, and what options they have along the pathway in pursuit of their sporting goals.



Aspiring and Current Athletes

This playbook will broaden your perspective on how the sporting ecosystem endeavors to provide a holistic environment and support network to optimise your athletic opportunities.

WHAT IS IN THIS BOOK?

OUR DEFINITION OF TALENT

Talent is a **highly complex construct** composite of multiple combinations of abilities and traits, with the **talent development environment** having a strong effect on the performance outcome.

Key factors that support the athlete's developmental journey:

- 1) Quality training
- 2) Sporting culture
- 3) Quality coaching
- 4) Holistic environment

OUR STRATEGY

MINIMISING DROPOUTS FROM THE PATHWAY

01
Making sports accessible to all

02
Multiple pathways to success

03
A holistic approach to development

04
Inclusive environment

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Looking at the Current Landscape

SPLISS MODEL PILLARS 3 & 4 SPORT PARTICIPATION AND TALENT IDENTIFICATION & DEVELOPMENT

WHY IS SPORT AT A FOUNDATION LEVEL IMPORTANT?

1. Sport is a development platform to holistically nurture children and youth, empowering them to create a better future for themselves and society.
2. Sport can contribute positively to our children and youth to better their health and wellness, build greater social cohesion and confidence and uplift our vulnerable communities.

A part of our vision for a Sporting Singapore is to make sport and physical activity accessible, affordable, and available to all – from a young age and throughout a person's lifetime. Our goal is to provide all children and youth of Singapore the opportunity to play and pursue a sport in and out of school in structured and unstructured environments, regardless of their abilities and backgrounds.

CHILDREN & YOUTH SPORT FRAMEWORK

The Children & Youth Sport Framework (CYSF) was designed to serve schools through sport by enhancing sporting capabilities and quality of coaching, implementing a structure for robust sporting programmes, and using sport as a platform for leadership and character development. The CYSF aims to enable every child to play sport through SportSG's work with the Ministry of Education (MOE), schools, and other partners to expand capabilities and opportunities for in-and-out-of-school sport participation.



Photo © ActiveSG. Used with permission.
12 | THE SINGAPORE ATHLETE DEVELOPMENT PLAYBOOK

KEY INITIATIVES

NURTURE KIDS PROGRAMME

Provides equal opportunities for all preschoolers to develop physical literacy.

ActiveSG ACTIVESG ACADEMIES & CLUBS

Targeted at providing opportunities for all children aged three and above, the programmes offered here develop and sharpen a child's foundational movement skills and provide pathways for them to excel in the sport of their interest.

ActiveSG SDSC PARA SPORT ACADEMY AND PROGRAMMES

Initiatives such as the ActiveSG Para Sport Academy as well as programmes run by Singapore Disability Sports Council (SDSC) aim to widen the base of participation and greater inclusion for Persons with Disabilities (PWDs) in sports.

JUNIOR SPORTS ACADEMY (JSA)

Provides opportunities for primary four to six students identified as good movers to have a broad sampling exposure whilst discovering their sporting strength and passion.

My 1st Coach MY 1ST COACH

Empowers parents with the knowledge and skills to be their child's first coach.

Active PARENTS ACTIVE PARENTS

Parents, as major influencers in the lives of children, are supported with programmes and resources to enable them to support their child's holistic growth.

Ministry of Education PHYSICAL EDUCATION & CCA

The PE Curriculum aims to equip every student with broad physical competencies. School CCA affords student-athletes the opportunity to develop their potential.



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LIFETIME CONTINUUM WITH PRIVATE ACADEMIES AND CLUBS

The development of junior and youth athletes through programmes initiated by private A&Cs is a crucial and viable entry point into high-performance sport. Private A&Cs also have opportunities to become affiliates with SportSG as part of ActiveSG Associate Partner Scheme (APS) to grow a strong, more vibrant sporting network in Singapore.

TALENT OPTIMISATION PROGRAMME

NYSI's Talent Optimisation Programme (TOP) aims to provide current student-athletes with an opportunity to transfer into another sport, accelerating their progress to compete in major games.

SPORTSG-MOE PARTNERSHIP PROGRAMMES

1) STRATEGIC PARTNERSHIP CCA

MOE has partnered with SportSG to implement a centralised, non-school-based CCA (i.e. SP-CCA) to provide opportunities for students to pursue a CCA that the school does not offer. Students can access quality, value-based programmes through ActiveSG A&Cs and participate in competitions.

2) COMBINED SCHOOLS CCA PROGRAMME

This programme aims to support schools in starting or continuing with team sport CCAs by bringing two or more schools together, allowing students to continue pursuing their interest in sports despite possible low numbers within schools.

3) SCHOOL SPORTS PARTNERSHIP PROGRAMME (SSP)

Building upon existing offerings and programmes within schools, ActiveSG A&Cs partner schools to co-create more opportunities for students to learn more sports, pursue their interests and discover sporting pathways beyond school.

4) SPORTS EDUCATION PROGRAMME (SEP)

SEP is an integrated and structured approach to linking sports service providers with schools. Under SEP, each school receives a matching grant to encourage the take-up of sports programmes from an endorsed list.

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STAKEHOLDERS

PRESCHOOLS	Develops children's motor skills and knowledge of health and safety through participation in physical activities
ACTIVESG A&Cs	Empowers individuals to discover their sporting strengths and passions, affording opportunities for both high-performance sport and lifelong sport participation
PRIVATE A&Cs	Affords student-athletes a platform to continue to participate in different sports outside of their school-based sport CCAs
FAMILIES	A key influence on an athlete's involvement and achievement in sport as they transition from play to sport specialisation
SCHOOLS	Provides developmental opportunities for student-athlete's participation in their respective CCAs
MOE (PSOEB)	Implements key initiatives such as the Physical Education curriculum, Co-Curricular Activities, Junior Sports Academy and Inter-School Games
SINGAPORE SPORTS SCHOOL	Provides a holistic environment for student-athletes to maximise their sporting potential through quality sport development and performance support while fulfilling their education aspirations
INSTITUTES OF HIGHER LEARNING	Allows for a continuum of student-athletes' interest in a particular sport to be further developed and harnessed
NATIONAL SPORTS ASSOCIATIONS	Sanctions representatives of their respective sports responsible for developing and growing their sport
NATIONAL YOUTH SPORTS INSTITUTE	A centre of excellence that supports the development and transition of youth-carded athletes into senior elite athletes
SINGAPORE SPORT INSTITUTE	Singapore's High-Performance Centre that oversees the continual development of athletes to excel at an elite level internationally

Reflection Thoughts:

What is your role in the System?

Who do you need to connect with?

What can we do better individually, and as a System?

Key Takeaways

- Awareness of the Stakeholders' Efforts and Initiatives
- Increase Connectedness within the system
- Continue to explore opportunities and surface gaps in the system

